

2013 Chicago Sky Study



The 2013 Chicago Sky Study was coordinated and designed by Danielle Girdano as part of a corporate wellness initiative for the **Small Business Advocacy Counsel of Chicago, IL.**

The 25 participants in this study were the **corporate staff** that oversee the operation of the **Chicago Sky Women's Professional Basketball Team.** And, just like most of corporate America they were out of shape and physically and nutritionally in need of a major makeover.

Danielle used a comprehensive approach of nutrition, exercise, and lifestyle change in a 12 week study. **Central to this study was the use of ProArgi-9+.**

The aggregate results of this study were significantly higher than any previous study conducted by Danielle in the area of corporate wellness.

Total Body Weight lost was 76 pounds

Total Inches lost was 23.5

Body Fat decreased by 3.5%

BMI decreased by 1.4

Eccentric Constriction which is a reflection of **arterial health improved by 62%**

Remaining Blood Volume which reflects heart efficiency **improved by 11.96%**

Mental Stress decreased by 16.1%

Absolute Strength improved by 21%

Dynamic Strength improved by 32%

Flexibility improved by 19%

Equilibrium improved by 50%

Balance improved by 60%

This corporate wellness study implemented the **D'fine Corporate Challenge Wellness Program** designed and coordinated by Danielle Girdano. Because of its scientific and mathematical basis, this D'fine Corporate Challenge Wellness Program commonly known as the 2013 Chicago Sky Study **was named as a nominee for the 2013 Chicago Innovation Awards and made the Top 100 List.**

Click on the image above to watch a 13 minute overview of the 2013 Chicago Sky Study and how it can impact your corporate wellness program.

Danielle Girdano is the President of D'fine Sculpting & Nutrition LLC. She is also a valued member of the prestigious Advisory Board for the Cooper Institute of Dallas, TX.



ProArgi-9+ is recognized by the **2014 & 2105 Physicians' Desk Reference** as **"the highest quality L-arginine supplement in the world."**

If you would like more information on **ProArgi-9+** and its **120 Day Money Back Guarantee**, then please talk with the person who shared this information with you.

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