

**ATTENTION:** Life enhancing information specifically tailored to women and their cardiovascular health.



# Women's Heart Health Protocol Using Nitric Oxide Therapy

This Women's Heart Health Protocol is divided into 4 sections. **The 1st section** contains Our video, which will provide you with a general understanding on how nitric oxide therapy addresses cardiovascular concerns for women. **The 2nd section** outlines our recommended treatment protocol using **ProArgi-9+** as the source for creating the needed nitric oxide. **The 3rd section** provides a general understanding of nitric oxide therapy. **The 4th section** details why we believe **ProArgi-9+** is the best of all the L-arginine supplements in the marketplace.

## Section 1 - Women's Heart Health Video



# Section 2 - Women's Heart Health Protocol Using Nitric Oxide Therapy

Our recommended treatment protocol is a conservative approach using 1 week to introduce **ProArgi-9+** into your system followed by a simple 2 step process.

## First Week

**Days 1 - 3: 1/2 scoop per day** for the first 3 days

**Days 4 - 6: 1 scoop per day** for the next 3 days

**Starting on Day 7** we recommend the following simple 2 step process:

**Step 1 –** Take 1 scoop (or packet) of **ProArgi-9+** and mix it in 8 ounces of water.

**Drink this first thing in the morning.** We recommend using room temperature water and drinking it over a 15 minute period.

**Items to Note:** Nitric oxide helps regulate the digestive process and since bowel movements are most active in the morning some may experience loose stools or diarrhea. If this occurs, then take your first packet or scoop with your morning breakfast. Just make sure your breakfast is low in sugar. Or, put your packet or scoop into 16 ounces of water and then hydrate yourself over a 60 minute period.

**Step 2 –** Take 1 scoop (or packet) of **ProArgi-9+** and mix it in 8 ounces of water. **Take this 30 minutes prior to bedtime.**

When taken 30 minutes prior to bedtime nitric oxide will cross the blood brain barrier to stimulate the pituitary gland to provide an anti-aging benefit. For many it will help them have a deeper, more restful sleep. And when they wake up in the morning, they're ready to go instead of needing to drag themselves out of bed.

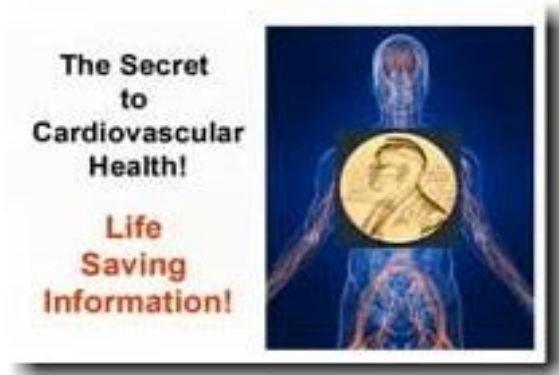
**Items to Note:** For about 10% of the population Step 2 can interfere with sleep. There are no stimulants in the product but because of the improved blood flow to the brain you're just not tired and don't feel like sleeping. If this occurs, then take your second packet or scoop late afternoon around 4 or 5 pm or early evening around 6 or 7 pm.

## **One Important Caution**

**If you're on high blood pressure medications then monitor your blood pressure.** If you see your blood pressure numbers decreasing, then work with your physician to adjust your medications so that you can either eliminate the medication completely or lower it to a minimum level while still maintaining normal blood pressure readings.

## Section 3 - General Understanding of L-Arginine and Nitric Oxide Therapy

To help you understand nitric oxide therapy and how important the health of your endothelium is in the production of nitric oxide, we have two videos to watch. All you have to do [click on each image and that video will play.](#)



[The Secret to Cardiovascular Health](#) video will give you a good understanding of a tissue called the **endothelium** and how it regulates most of your cardiovascular health.

This video will also help you understand how it creates **nitric oxide** – the master signaling molecule of your entire cardiovascular system – to help you improve your vascular health.



[The Truth About L-Arginine](#) video addresses the false statement that “L-arginine is bad for those over the age of 40.” That statement **is not true** and this video helps you understand how important this amino acid is to your overall health.

# Section 4 - Why We Believe ProArgi-9+ is the Best of All the L-Arginine Supplements

It's one thing for us to tell you **ProArgi-9+** is the best of all the L-arginine supplements. It another thing for the medical community to state:

**“ProArgi-9+ is the highest quality l-arginine supplement in the world.”**

—Physicians' Desk Reference (2014), pg. 2571



**ProArgi-9+** is listed in both the **2014 & 2015 Physicians' Desk Reference**, which doctors use for guidelines on what they recommend to their patients. With **262 quality assurance steps, pharmaceutical grade L-arginine**, and other key ingredients, **ProArgi-9+** has caught the attention of the medical community for its effectiveness in helping to address cardiovascular concerns.

The following video will help you understand some of the misinformation that is on the internet by other manufactures trying to promote their products.

**Click on the image and the video will play.**

**The Truth Series:**  
How Does **L-arginine Plus**  
Compare to **ProArgi-9+** From  
Synergy Worldwide!



**How Does L-Arginine Plus Compare to ProArgi-9+** video will give you a good understanding on why **ProArgi-9+** would be a better choice.

This video helps you understand why **vitamin K2 and pomegranate fruit juice** are two critically important ingredients in the production of nitric oxide.

If you want to purchase **ProArgi-9+** and put it to the test with our **120 Day Money Back Guarantee**, then please contact the person who shared this information with you.

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